

YOUTH MENTAL HEALTH AND ADDICTION CHAMPIONS (YMHAC) INITIATIVE
Public Health Lead Survey on the Perceived Effects of the YMHAC Initiative



Name of person completing this tool (*optional*): _____

Role: _____

Section 1

Please indicate the degree to which you agree or disagree with the following statements regarding the **effects of the YMHAC initiative on youth**.

EFFECTS ON YOUTH (LEADS AND CHAMPIONS) Involvement in this initiative has ...		Strongly Disagree	Disagree	Somewhat Agree	Agree	Strongly Disagree	Not applicable or Not Sure
1.	Increased youths' knowledge and awareness of mental health and substance use.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
2.	Increased youth's awareness of strategies to prevent substance use.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
3.	Increased youth's harm reduction strategies related to substance use.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
4.	Increased youth's understanding of the impact of stigma on peers with mental illness and substance use issues.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
5.	Increased youth's awareness of available information, resources and services in their community.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
6.	Increased youth's leadership skills.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
7.	Motivated youth to engage in health promotion activities.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
8.	Increased the number of youth who play a role in mental health promotion and substance use prevention.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

Section 2

Please indicate the degree to which you agree or disagree with the following statements regarding the **effects of the YMHAC initiative on stakeholders**.

EFFECTS ON STAKEHOLDERS Involvement in this initiative has ...		Strongly Disagree	Disagree	Somewhat Agree	Agree	Strongly Disagree	Not applicable or Not Sure
9.	Increased awareness of the importance of mental health promotion and substance use prevention for improving health and wellness.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
10.	Increased adults' recognition of the value of working with youth.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
11.	Increased interest among school staff in the YMHAC initiative.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
12.	Increased collaboration between school boards and/or schools and public health units.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
13.	Shifted stakeholders' focus from mental illness to mental health promotion.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
TELL US ABOUT YOUR EXPERIENCE							
<p>Would you recommend this initiative be implemented in other schools? <input type="checkbox"/> Yes <input type="checkbox"/> No</p> <p>What were the greatest effects of the initiative?</p> <p>What were the greatest hurdles or challenges to overcome? How did you overcome them?</p> <p>What actions were taken by the school boards to ensure that the YMHAC initiative can continue to be implemented in their schools in the years to come?</p> <p>What actions do school boards plan to take in order to ensure a lasting and sustainable impact of the initiative?</p>							

Section 3

Please tick the box beside the item that best describes **youths' level of participation** in activities developed as part of the YMHAC initiative.

In general...

1.	Youth worked on activities chosen by adults. They had little choice about what they did or how they participated.	<input type="checkbox"/>
2.	Youth were assigned a specific role and informed about how and why they were being involved in the activities.	<input type="checkbox"/>
3.	Youth worked on activities that were initiated by adults but the decision-making was shared between them and adults.	<input type="checkbox"/>
4.	Youth worked on activities they initiated. Adults were involved only in a supportive role.	<input type="checkbox"/>
5.	Youth worked on activities they initiated. The decision-making was shared between them and adults.	<input type="checkbox"/>

Note. Based on Hart's Ladder of Youth Participation. <https://ymhac.rnao.ca/sites/default/files/2016-10/Harts%20Ladder.pdf>