



Youth Champion Workshop Agenda Sample



YOUTH MENTAL HEALTH & ADDICTIONS CHAMPIONS TRAINING	
Time:	Activity
Date:	
Registration and name tag creation 9:00 am – 9:15 am	
9:15 am – 9:30 am	Welcome from Adult & Youth Leads and agenda overview
9:30 am – 10:00 am	Icebreaker
10:00 am – 11:00 am	Mental illness, mental health, stigma and health promotion
11:00 am – 11:30 pm	Interactive tool: Network of Champions Reach Out
DISRUPTOR ACTIVITY AND LUNCH 11:30 pm – 1:00 pm	
1:00 pm – 1:15 pm	Guest Speaker
1:15 pm – 2:15 pm	World Café (knowledge sharing session)
2:15 pm – 2:30 pm	Break
2:30 pm – 2:50 pm	Next Steps
2:50 pm – 3:00 pm	Wrap-up and training closer

