

Timelines

OBJECTIVES:

1. Raise awareness of the importance of mental health promotion and substance/alcohol misuse prevention for improving health and wellness, or preventing chronic disease and injury.
2. Train professionals and lay health educators who can implement programs and facilitate activities for behaviour modification and education/awareness.
3. Enable a cohort of Youth Mental Health and Addiction Champions to use creative peer-to-peer strategies to reduce the stigma of mental health and promote greater acceptance of mental illness as a part of the health and illness continuum.
4. Raise awareness among Youth Mental Health and Addiction Champions related to strategies to prevent substance use and misuse.
5. Provide Youth Mental Health and Addiction Champions with strategies to assist peers with substance abuse prevention.
6. Provide Youth Mental Health and Addiction Champions with strategies to assist peers to begin to address substance abuse issues through raising awareness of available information and resources/services.

DELIVERABLE	TARGET AUDIENCE	TIME FRAME	
		START	END
Initiation and Recruitment			
Recruitment of Internal Team – Public Health Leads and Supports	Public Health Units	January	March
Identification of YMHAC Advisory Members	Public Health Units RNAO	January	April
Connecting with School Mental Health Leads	Public Health Units	January	April
Recruitment of School Boards & Schools	Public Health Units District School Boards	April	Sept
Development of Steering Committee			
Development of Steering Committee members	Public Health Units Key Local Community Stakeholders	January	June
First Steering Committee meeting	Public Health Units Key Local Community Stakeholders	February	June

Establishing Terms of Reference for Steering Committee	Public Health Units Key Local Community Stakeholders	February	June
Ongoing Steering Committee engagement and meetings	Public Health Units Key Local Community Stakeholders	June	On-going
Development of Youth Leads & Youth Champions			
Recruitment of Youth Leads	Public Health Units MH Leads and School Support Staff (may include)	April 1	October 13
Review/Edits of pre-training workshop material by Advisory members	Public Health Units	July 23	August 6
Review of Orientation materials and Webinar (Public Health Leads)	Public Health Units RAO	July 23	September 15
Orientation training for Youth Leads	Public Health Units MH Leads and School Support Staff (may include)	September 15	October 24
Confirmation date of # participants for Centralized Training	Public Health Units	October 17	October 17
DELIVERABLE	TARGET AUDIENCE	TIME FRAME	


Foundational Training	Public Health Units Youth Leads Public Health Leads MH Leads and School Support Staff (may include) RNAO	November 3	November 6
Planning for Local Champions Workshops	Public Health Units Youth Leads Public Health Leads MH Leads and School Support Staff (may include)	September 15	November 21
Setting Local Champions Workshop Dates (2 Champions workshops/site)	Public Health Units MH Leads and School Support Staff (may include)	September 15	October 31
Recruitment of Youth Champions	Public Health Units Youth Leads Public Health Leads MH Leads and School Support Staff (may include)	September 15	November 28



Facilitation of Youth Champions workshops	Youth Leads Public Health Leads MH Leads and School Support Staff (may include)	November 21	January 31
Meet Youth Leads and Champions to discuss youth engagement strategies	Youth Leads Youth Champions Public Health Leads MH Leads and School Support Staff (may include)	November 21	January 31
Youth engagement strategies with Youth Leads and Youth Champions	Youth Leads Youth Champions Public Health Leads	January 19	March 6
Evaluation & Lessons Learned			
Finalization of evaluation plan	Public Health Units Evaluator	July 28	August 6
Finalization of evaluation plan	Evaluator RNAO	August 8	August 11
Pilot Testing of Youth Leads pre-survey	Evaluator Public Health Units	September 1	September 12



Pre-Champion Workshop Evaluation			
Obtain consent for Youth Lead *at recruitment	Public Health Units	September 15	October 24
Administer Youth Lead pre-survey *at recruitment or pre-training	Public Health Units	September 15	October 24
Obtain consent for Youth Champion *prior to workshop or at workshop	Public Health Units	September 15	January 16
Administer Youth Champion pre-survey *At workshop	Public Health Units	November 21	January 16
Post-Champion Workshop Evaluation			
Administer Youth Lead post-survey	Public Health Units	February	March
Youth Champions post-survey	Evaluator Youth Champions	February	March
Youth Lead focus group	Evaluator Youth Leads	February	February
Public Health Lead focus group	Evaluator Public Health Leads	February	February



School Support Staff post-survey	Evaluator MH Leads and School Support Staff	February	February
Key Findings and Dissemination			
Analysis of evaluation findings	Evaluator	February	March
Finalization of evaluation report	Evaluator RNAO Public Health Units	February	April
Dissemination of key findings	Public Health Units RNAO	March	On-going